



Mary Oves

The Chrysalis Collective



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STORY/SHOW IDEAS

- **3 THINGS A DAY FOR 3 MONTHS:** Tips on how to navigate the first trimester of widowhood without losing your mind
- **6 SECRETS TO TRAVELING SOLO:** Enjoy your own company and stay safe while doing it
- **TOXIC IN-LAWS? IF THEY GOTTA GO, THEY GOTTA GO:** Secrets on keeping his family in your kids' lives while taking them out of yours.
- **A ROOM OF YOUR OWN:** Guilt-free redecorating: how to make his old space into your NEW space
- **WHY (TEMPORARY) CELIBACY MIGHT WORK FOR YOU:** How to avoid letting loneliness lower your standards
- **DON'T BE "A NURSE OR A PURSE":** Tips on how to steer clear of shady guys looking for widows on online dating platforms
- **"GEE, I'VE NEVER MET A WIDOWER.":** Why the statistics show that widowers remarry three times as often and usually faster than widows.
- **HO-HO-HUM:** Creating new family holiday traditions without losing the old ones
- **GET YOUR MONEY TOGETHER:** Was your late Hub in charge of the family finances? Time to learn how to be your family's new CEO. Tricks of balancing budgets and making money while you sleep.
- **GOOD-DOING WILL DO YOU GOOD:** How charity work and volunteering can bring meaning back to your life

Widowhood Can Be Fun

What every widow needs to know about enjoying and appreciating THE SINGLE LIFE

There are 258 million widows in the world who are expected to do only two things after the death of their spouses: grieve, and then remarry. But widowhood can be used as a time for reinvention!

Make Widowhood a Launching Pad, Not a Waiting Room. No one knows this better than Mary Oves. A college professor and freelance journalist, when Mary lost her husband in 2017, she hiked up her big girl britches, ignored local eligible men and set about making a new life for herself. In the past four years, Mary has regaled the readers of her lifestyle blog with tales of online dating, single travel, dressing for your widowed 50's, menopausal hot flashes and shopping for vibrators. With her unique brand of humor, she has bridged the gap between the grief of widowhood and the joys of reinvention.

Mary Oves is a college English professor and has been a freelance journalist and blogger for the past 35 years. Her work has appeared in periodicals such as The New York Times, The Philadelphia Inquirer, and Shape magazine. She has been interviewed by publications such as Elysium magazine, and is a frequent contributor and attendee of the Erma Bombeck Humor Writer's Guild. She has appeared as a guest on various podcasts, her most recent appearance being John Smith's "Searching for Integrity." She is also a regular attendee and workshop presenter for Soaring Spirits, an organization which holds workshops in locales all over the world.

Mary's most recent publication success is through her wildly-popular lifestyle blog chrysaliscollective.org, on which affiliates range from Macy's, Frye shoes, Plow and Hearth and MM LaFleur, to name only a few.

Mary is also a well-respected award-winning teacher, supervisor and educational consultant of 35 years who writes broadly about education and teaching through periodicals such as English Journal and ASCD. If interested, a separate one-sheet for her education background is available.

**BOOK
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NOW!**

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